Serving the Ward 4 Community



Kenneth L. Johnson, Sr. Councilman, Ward 4

SPRING 2020 | WWW.CLEVELANDCITYCOUNCIL.ORG/WARD-4

"This Was Our Best Grass Cutting Season Ever"

"Thank you. Thank you to all those who volunteered in 2019 to help me to mow the grass of **our seniors and persons with disabilities,**" said Councilman Kenneth L. Johnson. He went on to say, "Without the goodwill of our volunteers we would not have been able to complete **over 1,350 service calls.** This was our best cutting season ever," Councilman Johnson announced. Johnson's twins were among the volunteers.











Mt. Pleasant NOW Development Neighborhood Clean Up



Saturday, September 14, from 9:00 am through 1:00 pm, Mt. Pleasant Now Development Corporation Executive Director Nicholas E. Perry presented a "Neighborhood Clean Up".

Field Operations Manager
Dominic Alexander organized
neighbors to come together to close
out the summer and clean up the
Mount Pleasant Neighborhood.
Councilman Kenneth L. Johnson
made arrangements to place a city
dumpster at 13203 Kinsman Road,
and he pitched in to clean Mt.
Pleasant. "Ken really cares,"
Dominic proclaimed.

The theme of the cleanup was, "Bury The Summer". Food and refreshments were served at 13010 Kinsman Road. Councilman Johnson announced after the clean up that Mt. Pleasant Now Development Corporation is the go-to development corporation for the Buckeye, Ludlow and Mt. Pleasant neighborhoods.

Groundhog Tips



Those pesky groundhogs seem to be everywhere, feeding on home gardens and burrowing under foundations.

Killing the critters is regarded as animal cruelty, so it is illegal to do so. But here are some tips on how to send them packing:

- You can sprinkle Epsom salts on your garden's fruits and vegetables, rendering them foul-tasting to the hungry groundhog. And Epson salts are good for garden growth. Remember to re-sprinkle the salts after a rain.
- Lay lengths of ammonia-soaked cloths around your gardens. Groundhogs cannot stand the smell.
- Chicken wire fences can protect your gardens from the intruding groundhog.
 Make sure the fence is 3- to 4-foot high because they can climb. Also, burry the fence about 1 foot underground because they can burrow.

Seniors Get your File of Life Refrigerator Magnet



In partnership with Cleveland's Emergency Medical Service, the city's Department of Aging urges older adults to get a "File of Life" refrigerator magnet that details a person's medical history.

In the event of an emergency, first responders to a senior's home would be able to check the magnet for medical histories, medications and emergency contacts. This critical information, readily available on the outside of a refrigerator door, is vital when seconds matter in an emergency.

The File of Life magnets are available in English, Spanish and Mandarin. **To receive a free File of Life magnet, call 216-664-2833.**

20th Greater Cleveland Sports Awards presented by Medical Mutual and Huntington honored the best of Cleveland sports on January 22, 2020 at the Renaissance Cleveland Hotel Grand Ballroom in Downtown Cleveland.

Since 2000, Greater Cleveland Sports Commission (GCSC) has been responsible for attracting over 200 sporting events which provide more than over three-quarters of a billion dollars in economic activity to Northeast Ohio. GCSC serves to measurably improve the economy of Greater Cleveland and enrich the community by attracting, creating, managing and enhancing significant sporting and competitive events.

Their youth programs include YES (Youth Education through Sports), which provides Northeast Ohio's underserved youth with experiences that illustrate how sports empower and prepare individuals for success in life. Their internship programs provide opportunities to learn the non-profit side of the sports and entertainment business through hands-on experience.

Councilman Kenneth L. Johnson has been on the Greater Cleveland Sports Commission Board since 2000.













Before the City Council meeting on Monday,
October 21, 2019 Councilman Kenneth L. Johnson,
Gay Avenue Street Club President James Gresham, Jr.,
and his neighbors surveyed Gay Avenue for strategies
to combat vacant properties.

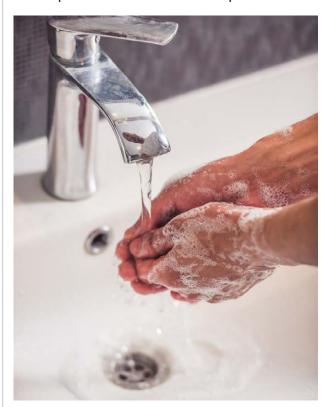
"We all agree that all vacant properties do not need demolishing. Vacant properties that can be rehabbed or repurposed we will work to do so with community partners," Councilman Johnson suggested to continue this agreed plan of action.



Important Coronavirus Information

The Ohio Department of Health, the Cuyahoga County Board of Health, the Cleveland Health Department, as well as the U.S. Centers for Disease Control and Prevention are working tirelessly to give up to date information about the new human virus, Covid-19.

The Ohio Department of Health has set up a special website (www.coronavirus.ohio.gov) for residents to get up to date information about Ohio cases, as well information for citizens and resources for businesses, schools, community organizatiosn and more. The state has also opened a call center – 1-833-427-5634, open 7 days a week from 9:00 am to 8:00 pm for residents to call with questions.



SIMPLE STEPS EVERYONE SHOULD TAKE:

- Avoid people who are sick. Steer clear of illnesses if at all possible.
- Cover your coughs and sneezes. Hold a tissue over your mouth and nose when you cough or sneeze or sneeze into the crook of your arm. Then throw that tissue away and, again, WASH YOUR HANDS!
- **Clean things.** Disinfect objects and surfaces often
- Stay home if you're sick. This isn't the time to tough it out and leave your home if you're not feeling well.
- Call first. If you or a family member are sick and plan to seek care, call first. Doctor and other healthcare partners need to prepare for people who are showing symptoms—or direct you to the appropriate resource.
- Stay informed. Follow and share trusted sources of information like the Ohio Department of Health (www.coronavirus.ohio.gov); Cuyahoga County Board of Health (www.cuyahogacounty.us/coronavirus-disease-2019) or the CDC (www.cdc.gov).

Older adults and those with chronic medical conditions are at greater risk. Health officials are recommending they stay at home as much as possible, stock up on items they will need including medications, don't fly or go on cruises, if you go out to keep a distance from others and of course stay away from sick people.

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Kenneth L. Johnson, Sr.

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What to Expect n the Mai United States

▼ March 12-20 An invitation to respond online to

the 2020 Census. (Some households

March 16-24 will also receive paper questionnaires.) A reminder letter.



A reminder postcard.

April 8-16 A reminder letter and paper questionnaire.

April 20-27 A final reminder taker follows up in person. postcard before a U.S. Census

For more information, visit: 2020Census.gov

18TH ANNUAL MINORITY

DATE: Thursday, April 23, 2020 **TIME:** 5:30 pm - 8:30 pm

@ Cleveland Clinic Main Campus

LOCATION: Cleveland Clinic Main Campus

M Building - 9500 Euclid Avenue



FREE SCREENINGS and health information for all members of the public!

Blood Pressure, Blood Sugar, Cholesterol • Eye Screenings • Hearing Screenings • Hernia Screenings HIV Screenings • Digital Rectal Exam (DRE) - Prostate • Financial Health • Alzheimer's Screenings Gambling & Chemical Dependency Assessments • AND MUCH MORE!

For more information and to register: www.clevelandclinic.org/mmhf

CITY OF CLEVELAND
Mayor frank G. Jackson

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MAKE YOUR MARK: MAY 2020

Department of Aging The Cleveland

Presents the 31st Annual

ENIOR DAY

ednesday, May 27, 2020 500 Lakeside Avenue Cleveland Public Hall

12:30 p.m. - Entertainment 10 a.m. – Information Fair 11 a.m. – Program Noon - Lunch

ALL seniors invited to attend this **FREE** event.

For more information call (216) 664-2833 www.cleveland-oh.gov/aging





